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| 13:00 - 13:05 | Opening remarks |
| 13:05 - 13:15  10 mins | **Ganesh Suntharalingam**  In the eye of the storm... |
| 13:15 - 13:25  10 mins | **Paul Young**  Are the critically ill actually hungry? |
| 13:25 - 13:40  15 mins | **Simon Finfer**  Saving lives from sepsis - not the SCC guidelines |
| 13:40 - 13:55  15 mins | **Hallie Prescott**  Back-end sepsis: de-escalating / de-resuscitating |
| 13:33 - 14:10  15 mins | **Naomi Hammond**  Gender specific analysis and gender of authors in published critical care RCTs  or ICU follow up clinics |
| 14:10 - 14:25  15 mins | **Hugh Montgomery**  Muscle wasting in ICU: do the critically ill need to work out? |
| 14:25 - 14:40  15 mins | **Carol Hodgson**  The difference between survivors and surviving well |
| 14:40 - 15:00  20 mins | **Panel Discussion: the butterfly effect**  Single change each panel member would make to change ICU outcomes |
| 15:00 - 15:20 | **BREAK** |
| 15:20 - 15:30  10 mins | **Soka Moses**  Exotic ID topic? |
| 15:30 - 15:45  15 mins | **LJ Mottram**  Why the mortality meeting is killing me / learning from excellence |
| 15:45 - 15:55  10 mins | **John Myburgh**  Reductionism vs numerology: Why doing less is best |
| 15:55 - 16:10  15 mins | **Alex Psirides**  Evidence base for MET/RRT stuff |
| 16:10 - 16:25  15 mins | **Laura Rock**  Managing interprofessional conflict at the bedside |
| 16:25 - 16:40  15 mins | **Gavin Perkins**  PARAMEDIC2 and current CPR evidence base |
| 16:40 - 16:50  10 mins | **Todd Rice**  Intubation trials / data / evidence base |
| 16:50 - 17:00  10 mins | **Steve Webb**  Changing clinical practice - easy when it should be hard, hard when it should be easy |
| 17:00 - 17:15  15 mins | TBC: Do trials need a usual care / wild type arm?  OR: Single change we need to make with respect to research / trials that would improve the care delivered to our patients?  **Carol Hodgson, Steve Webb, Paul Young, Todd Rice, Naomi Hammond** |
| 17:15 - 17:30  15 mins | **Paul Young**  Critical care game changes |